



30th September 2021

Parents and Carers,

As a part of your child's education at The Emmaus Federation, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education and Relationships, Sex and Health programme (RSHE). PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the course of the academic year, your child's class will be taking part in lessons which will focus on the relationships and health education aspect of this programme. The children in UKS2 will also receive Sex Education lessons in Term 6 from a topic called Growing and Changing: Peer pressure, transitions, worries, growing and changing. Teaching staff are also able to respond to any individualised learning for pupils over the course of the year.

Parents of children in UKS2 will be contacted separately before any Sex Education sessions are delivered as we require parental authorisation to deliver any Sex Education lessons. Information will be provided about what your child will learn, view the materials and resources being used in lessons and discover how you can best support your child to discuss these topics at home.

Lessons in PSHE and RSHE will include pupils learning about: Healthy relationships, including friendships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Pupils will also have opportunities to ask questions.

PSHE and RSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE and RSHE curriculum. The school also has a separate policy for PSHE and RSHE. Teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

The statutory guidance for Relationships Education and Health Education

In primary education from September 2020:

- Parents will not be able to withdraw their children from any aspect of Relationships Education or Health Education (which includes learning about the changing adolescent body and puberty).
- Parents will be able to withdraw their children from any aspects of Sex Education other than those which are part of the science curriculum. (Note that sex education will not be statutory in primary schools, however the new statutory guidance makes clear that schools *should* still provide a programme of age appropriate sex education)
- Head teachers in primary schools must grant requests to withdraw a pupil from sex education, other than where it is part of the science curriculum (although the guidance makes clear that good practice is *'likely to include the head teacher discussing with parents the benefits of receiving this important education and any detrimental effects that withdrawal might have on the child'*).
- Where pupils are withdrawn from sex education, schools should document the process and will have to *'ensure that the pupil receives appropriate, purposeful education during the period of withdrawal.'*

Yours sincerely,

Mrs C Collett
Executive Headteacher

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